

<b>SYLLABUS</b>	
<b>CLASS-X</b>	
<b>2023-2024</b>	
<b>ENGLISH LANGUAGE</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Revision:</b> <b>Composition: Narrative</b> <b>Notice and Email</b> <b>Grammar: Transformation of sentences</b>
<b>MAY</b>	<b>Revision:</b> <b>Composition: Descriptive</b> <b>Letter writing: Friendly</b> <b>Grammar: Prepositions; Transformation of sentences</b>
<b>JUNE</b>	<b>Revision:</b> <b>Comprehension</b> <b>Grammar: Agreement of Subject and Verb, Transformation of sentences</b>
<b>JULY</b>	<b>Revision:</b> <b>Composition: Argumentative</b> <b>Letter writing: Formal</b> <b>Email writing</b> <b>Grammar: Tenses, Synthesis of sentences; Transformation of sentences</b>
<b>AUGUST</b>	<b>Revision:</b> <b>Composition: Story writing</b> <b>Summary writing</b> <b>Grammar: Prepositions and Phrasal Verbs; Tenses, Synthesis of sentences; Transformation of sentences</b>
<b>SEPTEMBER</b>	<b>Revision: Composition: Picture composition</b> <b>Grammar: Irregular Verbs; Question tags; Tenses, Synthesis of sentences; Transformation of sentences</b>
<b>OCTOBER</b>	<b>Revision of all topics</b>
<b>NOVEMBER</b>	<b>Solving Practice Papers and Revision of all topics</b>
<b>DECEMBER</b>	<b>Solving Practice Papers and Revision of all topics</b>
<b>JANUARY</b>	<b>Solving Practice Papers and Revision of all topics</b>
<b>FEBRUARY</b>	<b>ICSE Examination Commences 2024</b>
<b>MARCH</b>	<b>ICSE Examination 2024</b>
<b>ENGLISH LITERATURE</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>The Merchant of Venice: Act 3, Scene 1 &amp; Sc 2</b> <b>Poem: Daffodils (William Wordsworth)</b>
<b>MAY</b>	<b>The Merchant of Venice: Act 3, Scene 2</b> <b>Prose: An Angel in Disguise (T.S Arthur)</b>
<b>JUNE</b>	<b>The Merchant of Venice: Act 3, Scene 3</b> <b>Poem: The Patriot (Robert Browning)</b>
<b>JULY</b>	<b>The Merchant of Venice: Act 3, Scene 4</b> <b>Act 3, Scene 5</b> <b>Prose: The Little Match Girl (Hans Christian Andersen)</b> <b>Poem: Abu Ben Adhem – Leigh Hunt</b>
<b>AUGUST</b>	<b>The Merchant of Venice: Act 4, Scene 1</b> <b>Prose: My Greatest Olympic Prize ( Jesse Owens )</b> <b>Poem: I Know why the Caged Bird Sings ( Maya Angelou)</b>
<b>SEPTEMBER</b>	<b>The Merchant of Venice: Act 4, Scene 2</b> <b>Prose: The Blue Bead (Norah Burke)</b>
<b>OCTOBER</b>	<b>The Merchant of Venice: Act 5 Sc 1</b> <b>Prose: All Summer in a Day (Ray Bradbury)</b> <b>Poem: Nine Gold Medals (David Roth)</b>
<b>NOVEMBER</b>	<b>Revision</b>

DECEMBER	Revision
JANUARY	Revision
FEBRUARY	ICSE EXAM COMMENCES 2024
MARCH	ICSE 2024
HINDI (SECOND LANGUAGE)	
MONTH	Chapters / Lessons / Units to be covered
APRIL	साहित्य · विनय के पद · भीड़ में खोया आदमी व्याकरण · वाक्य और उसके भेद · औपचारिक पत्र
MAY	साहित्य · भिक्षुक परियोजना कार्य व्याकरण शुद्ध – अशुद्ध शब्द और वाक्य
JUNE	साहित्य · दो कलाकार · परियोजना कार्य व्याकरण विलोम , पर्यायवाची
JULY	साहित्य · संदेह चलना हमारा काम है व्याकरण अनेक शब्दों के लिए एक शब्द · मुहावरे · पत्र लेखन
AUGUST	साहित्य · भेड़े और भेड़िये- मातृ मंदिर की ओर व्याकरण विलोम · निबंध ,
SEPTEMBER	REVISION AND PAPER SOLVING व्याकरण अपठित गद्यांश
OCTOBER	REVISION
NOVEMBER	REVISION AND PAPER SOLVING
DECEMBER	REVISION
JANUARY	REVISION
FEBRUARY	REVISION AND PAPER SOLVING
MARCH	ICSE 2024
BENGALI (SECOND LANGUAGE)	
MONTH	Chapters / Lessons / Units to be covered
APRIL	দেবতার জন্ম , ফুল ফুটুক না ফুটুক , বাগধারা,বানান,প্রবন্ধ রচনা
MAY	নীলমানুষের কাহিনি , অমলকান্তি , প্রবাদ প্রবচন ,বানান ,পত্র লিখন
JUNE	গন্ধটা খুব সন্দেহজনক , বাবু বলেন , বানান , পত্র লিখন
JULY	লোকটি , খোখো , বানান , রচনা , পত্র লিখন
AUGUST	নাম , রবীন্দ্রনাথের প্রতি ,বাক্য পরিবর্তন ,বানান
SEPTEMBER	আবার আসিব ফিরে , বামা , বানান , বোধপরীক্ষণ , প্রবন্ধ রচনা

OCTOBER	গিল্পি, বঙ্গভূমির প্রতি, বানান, সমোচ্চারিত ভিন্নার্থক শব্দ
NOVEMBER	লালু, সভ্যতার প্রতি, বানান, একই শব্দের বিভিন্নার্থে প্রয়োগ
DECEMBER	বামা, কুলি-মজুর, সমার্থক শব্দ, প্রবন্ধ রচনা
JANUARY	ক্যানভাসার, সিঁড়ি, বানান, বোধপরীক্ষণ, প্রবন্ধ রচনা
FEBRUARY	অসহযোগী, রবীন্দ্রনাথের প্রতি, বাক্য পরিবর্তন, বানান, প্রল্পপত্র আলোচনা ও সমাধান।
MARCH	নবম ও দশম শ্রেণির সম্পূর্ণ পাঠ্যক্রম ও পরীক্ষা
FRENCH (SECOND LANGUAGE)	
MONTH	Chapters / Lessons / Units to be covered
APRIL	Dialogue and composition - letter writing and grammar
MAY	Composition - Essay writing including vocabulary (traveling, internet)
JUNE	Grammar (types of sentences) and vocabulary (road accident, school)
JULY	Grammar (Tenses) and composition - dialogue writing (shopping, buying train tickets), Internal examination - Aural
AUGUST	Grammar (comparative-superlative, COD/COI) and composition - dialogue writing (booking a room in a hotel), Internal examination - Oral, Paragraph writing
SEPTEMBER	Grammar revision according to the board's syllabus
OCTOBER	Grammar revision according to the board's syllabus
NOVEMBER	Solving board's papers (Revision test)
DECEMBER	Solving board's papers (Revision test)
JANUARY	Picture description (suggestion wise)
FEBRUARY	Solving board's papers
MARCH	ICSE 2024
HISTORY & CIVICS	
MONTH	Chapters / Lessons / Units to be covered
APRIL	Revision of the chapters done in class IX - 1. United Nations: the objectives of the UN, major agencies of the UN 2. The First War of independence – causes & consequences. 3. The First World War – causes & results 4. Non-Aligned Movement – meaning, objective.
MAY	5. Rise of Dictatorship – causes & comparative study of Mussolini's fascist & Hitler's Nazi ideologies. 6. The Second World War – causes & consequences. Project (Any One) of the following: · Make a presentation on the influence of Gandhian principles on Martin Luther King / Nelson Mandela. · Prepare a report on the contributions of any one of the following agencies of the United Nations – UNESCO/ WHO/ UNICEF/ ILO/ UNDP/ FAO. · Present a case study of any recent human rights violations and redressal mechanisms available to prevent such instances in the future.
JUNE	7. The Union Legislature - Lok Sabha, Rajya Sabha.
JULY	8. The Union Executive – The President, The Vice-President and Prime Minister and Council of Ministers.
AUGUST	9. Factors leading to the growth of Nationalism – various factors and role of Press. Foundation of the INC. 10. First phase of the Indian National Movement (1885-1907) – objectives, methods & contributions.
SEPTEMBER	11. Second Phase of the Indian National Movement (1905-1916)- Causes of the Partition of Bengal, Surat Split, objectives, methods & contribution. Revision
OCTOBER	12. Mahatma Gandhi – Non-Cooperation Movement, Civil Disobedience Movement, Quit India Movement 13. Forward Bloc and INA – objectives, 14. Independence and Partition of India – Cabinet Mission plan, Mountbatten Plan and the Indian Independence Act of 1947. 15. The Judiciary - Supreme Court, The High Courts & Subordinate Courts
NOVEMBER	Revision for the Rehearsal Examination
DECEMBER	Revision for ICSE Examination

<b>JANUARY</b>	<b>Revision for ICSE Examination</b>
<b>FEBRUARY</b>	<b>ICSE Examination Commence</b>
<b>MARCH</b>	<b>ICSE Examination Commence</b>
<b>GEOGRAPHY</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<ul style="list-style-type: none"> <li>· Climate of India</li> <li>· Maps of India</li> </ul>
<b>MAY</b>	Soils of India & Project Topic to be given
<b>JUNE</b>	Natural Vegetation of India & Interpretation of Topographical Maps.
<b>JULY</b>	<ul style="list-style-type: none"> <li>· Water resources</li> <li>· Minerals and Energy Resources in India &amp; Project Submission</li> </ul>
<b>AUGUST</b>	Transport in India
<b>SEPTEMBER</b>	<ul style="list-style-type: none"> <li>· Interpretation of Topographical Maps.</li> <li>· Maps of India</li> <li>· Agriculture in India</li> </ul>
<b>OCTOBER</b>	<ul style="list-style-type: none"> <li>· Industries in India</li> <li>· Waste Generation and Management</li> </ul>
<b>NOVEMBER</b>	Revision for the Pre-Board
<b>DECEMBER</b>	Commencement of Rehearsal Examination
<b>JANUARY</b>	Revision.
<b>FEBRUARY</b>	ICSE Board Examination-2024
<b>MARCH</b>	ICSE Board Examination-2024

**PHYSICS**

<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	1.Force 2. Work Energy and Power
<b>MAY</b>	1.Machine
<b>JUNE</b>	1.Machine (contd)
<b>JULY</b>	1.Refraction Of Light 2.Lens 3.Spectrum
<b>AUGUST</b>	1.Sound 2 Current Electricity.
<b>SEPTEMBER</b>	1.Household Electricity 2. First Terminal Examination
<b>OCTOBER</b>	1.Electromagnetism
<b>NOVEMBER</b>	Calorimetry
<b>DECEMBER</b>	Radioactivity
<b>JANUARY</b>	Rehearsal Examination
<b>FEBRUARY</b>	Revision and Paper solving
<b>MARCH</b>	ICSE 2024

**CHEMISTRY**

<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<ol style="list-style-type: none"> <li>1. Periodic Properties</li> <li>2. Chemical Bonding</li> </ol>
<b>MAY</b>	1. Acids, Bases and Salts
<b>JUNE</b>	<ol style="list-style-type: none"> <li>1. Acids, Bases and Salts</li> <li>2. Analytical Chemistry</li> </ol>
<b>JULY</b>	<ol style="list-style-type: none"> <li>1. Mole Concept</li> <li>and Empirical Formulae</li> <li>3. Applications of Mole concept</li> </ol>
<b>AUGUST</b>	<ol style="list-style-type: none"> <li>1. Calculations Based on Chemical Equations</li> <li>2.Study of Compounds: Hydrogen Chloride and Ammonia</li> </ol>

SEPTEMBER	1. Study of Compounds: Nitric Acid and Sulphuric Acid 2. First Terminal Examination
OCTOBER	1. Electrolysis
NOVEMBER	1. Metals and Metallurgy 2. Organic Compounds: Introduction and Nomenclature Organic Compounds: Hydrocarbons 4. Organic Compounds: Alcohols and Carboxylic acid 3.
DECEMBER	Rehearsal Examination
JANUARY	Revision and Paper Solving
FEBRUARY	Revision
MARCH	ICSE 2024

### BIOLOGY

MONTH	Chapters / Lessons / Units to be covered
APRIL	1. Transpiration 2. Structure of Chromosomes Cell cycle and Cell division
MAY	3. Photosynthesis 4. Genetics
JUNE	5. Absorption by roots 6. Circulatory System
JULY	7. The Excretory system 8. The Endocrine system
AUGUST	9. The Nervous system 10. Sense Organs
SEPTEMBER	11. The Reproductive system
OCTOBER	12. Human Evolution
NOVEMBER	13. Chemical coordination in Plants 14. Population: The increasing numbers and rising problems
DECEMBER	15. Pollution: A rising environmental problem Revision and Solving ICSE papers
JANUARY	Rehearsal Examination Revision and Paper Solving
FEBRUARY	Revision
MARCH	ICSE Examination 2024

### MATHEMATICS

MONTH	Chapters / Lessons / Units to be covered
APRIL	BANKING LINEAR INEQUATIONS RATIO & PROPORTION
MAY	QUADRATIC EQUATIONS AND APPLICATIONS
JUNE	REMAINDER AND FACTOR THEOREM SECTION AND MIDPOINT FORMULA
JULY	GST MATRICES A.P. & G.P. PROBABILITY
AUGUST	REFLECTION SIMILARITY EQUATION OF LINE, CIRCLES
SEPTEMBER	CIRCLES (CONTINUED)
OCTOBER	MENSURATION TRIGONOMETRY (IDENTITIES), LOCI
NOVEMBER	TRIGONOMETRY (HEIGHTS AND DISTANCE) STATISTICS SHARES AND DIVIDENDS
DECEMBER	REHEARSAL EXAMINATION
JANUARY	Revision
FEBRUARY	Revision
MARCH	ICSE 2024

<b>ENVIRONMENTAL SCIENCE</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>1. Controlling Air Pollution</b>
<b>MAY</b>	<b>2. Addressing Population</b>
<b>JUNE</b>	<b>3. Managing Urban environment</b>
<b>JULY</b>	<b>4. Managing soil and Land</b>
<b>AUGUST</b>	<b>5. Food</b>
<b>SEPTEMBER</b>	<b>6. Biodiversity</b>
<b>OCTOBER</b>	<b>7. Energy</b>
<b>NOVEMBER</b>	<b>8. Waste</b>
<b>DECEMBER</b>	<b>9. Environment and Development</b>
<b>JANUARY</b>	<b>10. Towards a sustainable future</b>
<b>FEBRUARY</b>	<b>Revision</b>
<b>MARCH</b>	<b>ICSE 2024</b>
<b>COMMERCIAL STUDIES</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Stakeholders in Commercial Organisations Marketing &amp; Sales</b>
<b>MAY</b>	<b>Advertising &amp; Sales Promotion Consumer Protection Final Accounts - Trading Account</b>
<b>JUNE</b>	<b>E- Commerce Capital &amp; Revenue Expenditure /Income Final Accounts - Profit &amp; Loss Account</b>
<b>JULY</b>	<b>Fundamental Concepts of Cost Budgeting Final Accounts - Balance Sheet</b>
<b>AUGUST</b>	<b>Sources of Finance Recruitment, Selection &amp; Training Final Accounts - Revision</b>
<b>SEPTEMBER</b>	<b>Industrial Relations Trade Unions &amp; Social Security</b>
<b>OCTOBER</b>	<b>Logistics Insurance</b>
<b>NOVEMBER</b>	<b>Banking Trade</b>
<b>DECEMBER</b>	<b>Social Responsibility of Commercial Organizations towards the Environment</b>
<b>JANUARY</b>	<b>Project Evaluation</b>
<b>FEBRUARY</b>	<b>Revision</b>
<b>MARCH</b>	<b>ICSE 2024</b>
<b>COMPUTER APPLICATION</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Class as the Basis of all Computation (Objects and Classes)</b>
<b>MAY</b>	<b>User Defined Methods</b>
<b>JUNE</b>	<b>Constructors</b>
<b>JULY</b>	<b>Library Classes</b>
<b>AUGUST</b>	<b>Encapsulation</b>
<b>SEPTEMBER</b>	<b>Arrays (Single Dimension and Double Dimension)</b>
<b>OCTOBER</b>	<b>String Handling</b>
<b>NOVEMBER</b>	<b>Inheritance</b>
<b>DECEMBER</b>	<b>Revision of Class IX Syllabus</b>
<b>JANUARY</b>	<b>Revision of full syllabus</b>
<b>FEBRUARY</b>	<b>Revision of full syllabus</b>
<b>MARCH</b>	<b>ICSE 2024</b>
<b>ECONOMIC APPLICATION</b>	

MONTH	Chapters / Lessons / Units to be covered
APRIL	Theory of Demand
MAY	Elasticity of Demand
JUNE	Supply
JULY	Factors of Production Forms of Market
AUGUST	The State and Economic Development Money
SEPTEMBER	Inflation Revision
OCTOBER	Commercial Banking Central Bank
NOVEMBER	Revision
DECEMBER	Revision
JANUARY	Revision
FEBRUARY	Revision
MARCH	ICSE 2024

#### HOME SCIENCE

MONTH	Chapters / Lessons / Units to be covered
APRIL	Kitchen Planning :Characteristics ,types and layout of a kitchen,Work triangle Budgeting and Saving;· Concept and importance of family budget,factors affecting budget,steps in preparing a family budget Home Furnishings: meaning and objectives
MAY	Home Furnishing:factors affecting selection of furnishings-curtains , floor coverings and upholstery
JUNE	Balanced Diet ;Components and importance: Food Groups
JULY	Meal planning for the Family: principles, importance and factors influencing meal planning Storage and Preservation of food
AUGUST	Growth and Development -Middle Childhood; Milestones of Development Role of family, peer group and school during middle childhood
SEPTEMBER	Common Learning Difficulties of children –Dyslexia, dysgraphia,dyscalcula, ADHD-Meaning and symptoms; Role of family, school and peers in accepting such children
OCTOBER	Selection and Care of Textiles and Clothing;Laundering of Clothes;Laundry Material and reagents Communication and Extension:Understanding terminology related to Development:
NOVEMBER	Communication and Extension:Some developmental schemes and programme in India
DECEMBER	Revision
JANUARY	Rehearsal Exam
FEBRUARY	Revision ,paper solving
MARCH	ICSE 2024

#### ART

MONTH	Chapters / Lessons / Units to be covered
APRIL	Still life study, shading, basics of perspective Vegetable study Basics of designing
MAY	Still life study ,shading, basics of perspective Fruit study Basics of card designing
JUNE	Still life study with 3 objects shading, basics of perspective Flower study Basics of poster designing
JULY	Still life study with 2 objects, shading, basics of perspective Simple plant study Illustration
AUGUST	Still life study with 2 objects, shading, basics of perspective Leaf study Book cover design

SEPTEMBER	Still life study with 3 objects, shading, basics of perspective Plant study Poster design
OCTOBER	Still life study with 5 objects, shading, basics of perspective Flowering plants study Logo design
NOVEMBER	Still life study with 3 objects, shading, basics of perspective Plant study Emblem design
DECEMBER	Still life study with water colour Plant study Catalogue design
JANUARY	Still life study with shading and watercolour Plant study Poster design
FEBRUARY	Still life study, shading or watercolour Plant study Book cover design
MARCH	Still life study, shading or water colour Flower study pattern design

**PHYSICAL EDUCATION : CRICKET**

MONTH	Chapters / Lessons / Units to be covered
APRIL	.warm up (general and specific) .running between the wickets . technique throwing from close
MAY	.warm up (general and specific) .running between the wickets . technique throwing from deep
JUNE	.warm up (general and specific) .running between the wickets . technique throwing from midfield
JULY	.warm up (general and specific) . planning for batting . planning for bowling . basics of batting
AUGUST	.warm up (general and specific) . planning for batting . planning for bowling . basics of bowling
SEPTEMBER	.warm up (general and specific) . square cut . planning for bowling
OCTOBER	.warm up (general and specific) . technique throwing from the boundary line . middle practice . Cover drive
NOVEMBER	.warm up (general and specific) . technique throwing from the boundary line . middle practice Run up and approach
DECEMBER	.warm up (general and specific) . technique throwing from the boundary line . middle practice Straight drive
JANUARY	.warm up (general and specific) . planning for batting . planning for bowling .umpiring rules
FEBRUARY	.warm up (general and specific) . bowling in the death overs Batting finding gaps
MARCH	.warm up (general and specific) Leg glance Flick shot Bowling Yorkers



PHYSICAL EDUCATION: ATHLETICS	
MONTH	Chapters / Lessons / Units to be covered
APRIL	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Learning / improving basic athletic motor skills. Game
MAY	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Introduction of general safety and competition rules. Game
JUNE	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Awareness about sports terminologies. Methods of strength and endurance development. Free play (games and sports)
JULY	v General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Physical fitness training(Endurance aerobic & anaerobic & strengthening) Game
AUGUST	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Methods of speed and flexibility development.Free play ( games and sports) Improving team spirit
SEPTEMBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Develop sprinting like, sprint distances of 30 to 120 mts and practice types of sprint start Sports day practice. Free play
OCTOBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Means of fitness development and measuring of pulse rate. Sports day practice. Game
NOVEMBER	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Develop reaction sprint, different kinds of relays and shuttle sprint over a distance. Sports Day practice. Game
DECEMBER	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Improving jump-power, co-ordination and increasing speed running different techniques. Sports Day Practice. Game
JANUARY	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Conditioning training. Develop shot-put technique (O Brian), improving teamwork.
FEBRUARY	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Develop an understanding of physical body movement, balance and control. Improving jump –power (Long – Jump),Co-ordination and increasing speed running different techniques. Game
MARCH	· General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Improve physical fitness through various activities. Mass drill exercises. Team tactics. Game
PHYSICAL EDUCATION : FOOTBALL	
MONTH	Chapters / Lessons / Units to be covered
APRIL	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises Physical conditioning training(Endurance run, speed, take of power, strength and mobility). Game
MAY	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Compound technical exercises(Receiving a ball & kicking, Kicking & heading, dribbling & shooting). Game
JUNE	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Group tactics in attack & defence. Game
JULY	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Physical fitness training(Endurance aerobic & anaerobic & strengthening) Game
AUGUST	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises Group tactics(combination play to maintain possession)Goal keeper training.Game
SEPTEMBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Compound technical exercise(Dribbling & shooting, receiving a ball Dribbling, Feinting & kicking). Game
OCTOBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Physical fitness training (Endurance with & without ball, strength, speed) Sports day practice.Game
NOVEMBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Attacking tactics and defensive tactics .Sports Day practice.Game
DECEMBER	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Goal keeper training & functional training. Crossing & Shooting into the goal. Sports Day Practice.Game
JANUARY	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Conditioning training.Game
FEBRUARY	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. All kinds of technical training.Game
MARCH	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Team tactics.Game
PHYSICAL EDUCATION: BASKETBALL	
MONTH	Chapters / Lessons / Units to be covered

<b>APRIL</b>	<p>Special endurance training (with and without ball).  Technique of fake and change of direction.  Technique of fake and drive shot with defense.  Basketball match.</p>
<b>MAY</b>	<p>Special endurance training (with and without ball).  Technique of fake and change of direction.  Technique of fake and drive shot with defense.  Basketball match.</p>
<b>JUNE</b>	<p>Special endurance training (with and without ball).  Technique of fake and change of direction.  Technique of fake and drive shot with defense.  Basketball match.</p>
<b>JULY</b>	<p>Warm up(Conditioning training).  Technique of one vs one (with and without ball).  Technique of zone defense.  Basketball match</p>
<b>AUGUST</b>	<p>Warm up(Conditioning training).  Technique of one vs one (with and without ball).  Technique of zone defense.  Basketball match</p>
<b>SEPTEMBER</b>	<p>Warm up(Conditioning training).  Technique of one vs one (with and without ball).  Technique of zone defense.  Basketball match</p>
<b>OCTOBER</b>	<p>Specific fitness training.  Technique of give the ball and go take own position.  Technique of pivot pla</p>
<b>NOVEMBER</b>	<p>Specific fitness training.  Technique of give the ball and go take own position.  Technique of pivot pla</p>
<b>DECEMBER</b>	<p>Specific fitness training.  Technique of give the ball and go take own position.  Technique of pivot pla</p>
<b>JANUARY</b>	<p>Body balance and footwork.  Man to man defense.  Zone defense.  Technique of pivot play.  Basketball match</p>
<b>FEBRUARY</b>	<p>Body balance and footwork.  Man to man defense.  Zone defense.  Technique of pivot play.  Basketball match</p>
<b>MARCH</b>	<p>Body balance and footwork.  Man to man defense.  Zone defense.  Technique of pivot play.  Basketball match</p>